

LGBTQ+ Resource Guide

Orange County, California

A comprehensive directory of support services, organizations,
health resources, crisis lines, and community programs
for LGBTQ+ individuals, families, and allies.

Published by LGBTQ+ Spiritual Inc.

383 3rd St, Laguna Beach, CA 92651 · wearelgbtqspiritual.org

This guide is designed to connect LGBTQ+ individuals, their families, and allies with the support they need throughout Orange County. Whether you are seeking mental health counseling, healthcare, housing assistance, crisis support, legal aid, or simply looking for community — the organizations in this directory are ready to help.

LGBTQ+ Spiritual Inc. is a non-denominational 501(c)(3) nonprofit based in Laguna Beach. We welcome people of all faiths, backgrounds, and belief systems. If you need help finding the right resource, contact us at lgbtqspiritualinc@gmail.com or (949) 228-7301.

Contents

1. Crisis Hotlines & Immediate Help
2. Primary Organizations & Community Centers
3. Mental Health & Counseling
4. Health Services (HIV, STI & Primary Care)
5. Youth & Young Adult Services
6. Transgender & Gender-Expansive Resources
7. Family, Faith & Spiritual Support
8. Legal Aid & Advocacy
9. Housing & Social Services
10. Multicultural & BIPOC LGBTQ+ Resources
11. County & Government Programs

Note: Contact information and service details are current as of May 2026. Always verify directly with organizations, as hours and availability may change.

1. Crisis Hotlines & Immediate Help

If you or someone you know is in crisis, please reach out immediately.

988	Suicide & Crisis Lifeline 24/7 — Call or text 988. Press 3 for LGBTQ+ specialized support.
(866) 488-7386	The Trevor Project 24/7 crisis support for LGBTQ+ youth. Text START to 678678. Chat at TheTrevorProject.org
(877) 565-8860	Trans Lifeline 24/7 peer support hotline staffed entirely by trans operators. Microgrants available for ID updates.
(877) 360-5428	LGBT National Senior Hotline Crisis support and resource connection for LGBTQ+ elders.
(800) 246-7743	Youth Talkline Mon–Fri 1–9 PM PT, Sat 9 AM–2 PM PT. For people 25 and younger.
(714) 991-6412	OC Crisis & Emotional Support Line Free, confidential. 24/7. Toll-free: (877) 910-9276. Text TEEN to 839863 for teen line.
(800) 786-2929	National Runaway Safeline Confidential support for youth who have run away or are considering it.

In a life-threatening emergency, always call 911. The 988 Lifeline also connects to mobile crisis teams in Orange County.

2. Primary Organizations & Community Centers

LGBTQ Center OC

Orange County's flagship LGBTQ+ community center offering mental health counseling, HIV/STI testing, the David Bohnett CyberCenter, youth programs, support groups for seniors and all ages, outreach, education, and community events. Sliding-scale counseling available in English, Spanish, Vietnamese, and Farsi.

Phone: (714) 953-5428 | **Address:** 1605 N. Spurgeon St, Santa Ana, CA 92701 | **Web:** lgbtqcenteroc.org | **Email:** info@lgbtqcenteroc.org

LGBTQ+ Spiritual Inc.

A non-denominational 501(c)(3) nonprofit based in Laguna Beach serving LGBTQ+ individuals and their allies across all faiths, backgrounds, and belief systems. Provides resource networking, community events, food and clothing drives, peer support, and connection to local services. No faith background required — all are welcome.

Phone: (949) 228-7301 | **Address:** 383 3rd St, Laguna Beach, CA 92651 | **Web:** wearelgbtqspiritual.org | **Email:** lgbtqspiritualinc@gmail.com

Radiant Health Centers

Orange County's largest provider of inclusive LGBTQ+ health and social services, and its first FQHC Look-Alike for the LGBTQ+ community. Offers primary medical care, HIV/STI/hepatitis C testing and treatment, PrEP, mental health counseling (individual and group, in-person and telehealth), case management, food pantry, housing assistance, financial aid, transportation, and family planning. Services available in English and Spanish.

Phone: (949) 809-5700 | **Address:** 17982 Sky Park Circle, Suite J, Irvine, CA 92614 | **Web:** radianthealthcenters.org

Orange County Equality Coalition (OCEC)

A coalition of educated, empowered queer people and allies working to build community and respond to bigotry in OC's civic systems and local politics. Maintains a comprehensive online directory of OC LGBTQ+ resources.

Web: ocequality.org

Gay Orange County

Central directory aggregating LGBTQ+ organizations, events, bars, and services throughout Orange County.

Web: gayorangecounty.com

3. Mental Health & Counseling

LGBTQ+ individuals face elevated rates of depression, anxiety, and trauma linked to stigma, discrimination, and family rejection. Affirming mental health care from providers who understand LGBTQ+ experiences is essential. The following organizations provide LGBTQ+-affirming services in OC.

LGBTQ Center OC — Mental Health Program

Sliding-scale individual, couples, and family counseling and support groups. Specializes in LGBTQ+ trauma, identity, and bullying recovery. Multilingual counselors (Spanish, Vietnamese, Farsi).

Phone: (714) 953-5428 x330 | **Web:** lgbtqcenteroc.org

Radiant Health Centers — Behavioral Health

Individual and group therapy in-person and via telehealth. Specializes in LGBTQ+ and HIV-related mental health. English and Spanish. No HIV status requirement.

Phone: (949) 809-5700 | **Web:** radianthealthcenters.org

NAMI Orange County — Loud & Proud Program

Mental health education, support groups, and advocacy for LGBTQ+ individuals and those with co-occurring mental health conditions. Recognizes the 'double stigma' faced by LGBTQ+ people with mental illness.

Phone: (714) 544-8488 | **Address:** 1310 E. Orangethorpe Ave, Suite 200, Fullerton, CA 92831 | **Web:** namioc.org

Straight Talk Clinic

Nonprofit counseling center in Orange County offering low-cost assessments and counseling. Bilingual sliding-scale in-person and teletherapy to ensure affordable, accessible mental health support.

Web: straighttalkclinic.org

OC Links — Behavioral Health Services

24/7 information and linkage line for any OC Health Care Agency Behavioral Health Services programs, from prevention to crisis response.

Phone: (855) OC-LINKS / (855) 625-4657 | **Web:** ochealthinfo.com

BeWellOC

County-run resource hub connecting people to mental health, substance use, and LGBTQ+-affirming services throughout Orange County. Searchable online directory.

Web: bewelloc.org

4. Health Services — HIV, STI & Primary Care

Radiant Health Centers

Comprehensive HIV/STI/hepatitis C testing and treatment, PrEP, primary and specialty medical care, family planning, sexual health care, and social services. OC's first FQHC Look-Alike for the LGBTQ+ community. Affordable. Walk-ins and appointments.

Phone: (949) 809-5700 | **Address:** 17982 Sky Park Circle, Suite J, Irvine, CA 92614 | **Web:** radianthealthcenters.org

LGBTQ Center OC — HIV Testing & Health

Free and confidential HIV testing, outreach events, and sexual health education. On-site testing at 1605 N. Spurgeon St, Santa Ana.

Phone: (714) 953-5428 | **Web:** lgbtqcenteroc.org

APAIT (Asian Pacific AIDS Intervention Team)

Reaches multi-ethnic LGBTQIA-2S communities in LA and Orange Counties. HIV/STI testing and risk-reduction counseling in Spanish, Vietnamese, and English. Behavioral healthcare and housing services also offered.

Web: apaitonline.org

Shanti OC

Mental health services and case management for people living with HIV/AIDS in Orange County.

Phone: (949) 452-0888 | **Web:** shantioc.org | **Email:** admin@shantioc.org

UC Irvine Health — Pediatric Gender Diversity Program

Orange County's only interdisciplinary program dedicated to caring for transgender and gender-expansive children, teens, and young adults. Multidisciplinary team approach.

Web: ucihealth.org

5. Youth & Young Adult Services

LGBTQ Center OC — Youth & Young Adult Program

Comprehensive services for LGBTQIA+ youth: well-being and self-confidence development, school connectivity and academic success, mental health access, professional skills, and leadership development. Support groups, drop-in hours, and the annual Youth Convening event.

Phone: (714) 953-5428 | **Web:** lgbtqcenteroc.org

Western Youth Services (WYS)

Hosts outreach events, education, and support group workshops for LGBTQ+ Transitional Age Youth (TAY, ages 18–25). Bilingual services.

Phone: (888) 955-6570 | **Web:** westernyouthservices.org | **Email:** evelyn.estrada@wysoc.org

The Priority Center

Early intervention services including outreach and coordination for LGBTQ+ youth and families.

Phone: (888) 955-6570 | **Web:** theprioritycenter.org | **Email:** oe@theprioritycenter.org

The Trevor Project

National crisis intervention and suicide prevention for LGBTQ+ youth. TrevorSpace online social platform for LGBTQ+ young people. Crisis counselors available 24/7.

Phone: (866) 488-7386 | Text START to 678678 | Chat: TheTrevorProject.org

Laguna Playhouse — Community Outreach

Outreach, story workshops, panel discussions, and tickets for youth shows. LGBTQ+-affirming arts programming for youth in the Laguna Beach area.

Web: lagunaplayhouse.com | **Email:** eoflaherty@lagunaplayhouse.com (Community Outreach Manager)

6. Transgender & Gender-Expansive Resources

Alianza Translatinx

The first transgender-led organization in Orange County. Provides housing navigation services through CalOptima, navigation for trans victims of hate and violence (Transformative / Stop the Hate program funded by CDSS), and community advocacy.

Web: alianzatranslatinx.org

Trans Lifeline

Trans-led organization connecting trans people to community, support, and resources. Peer support crisis hotline staffed entirely by trans operators. Also accessible to Spanish-speaking trans people. Microgrants for name/gender ID changes and for trans people who are incarcerated or in immigration proceedings.

Phone: (877) 565-8860 | **Web:** translifeline.org

OC Trans Alliance — All-Inclusive Transgender Support Group

All-inclusive support group open to anyone who is transgender, a family member or spouse, friend, ally, or anyone wanting to understand. Located in Orange County.

Web: ocequality.org/resources

UC Irvine Health — Pediatric Gender Diversity Program

OC's only interdisciplinary pediatric program for transgender and gender-expansive youth. Medical, psychological, and family support in one coordinated team.

Web: ucihealth.org

National Center for Transgender Equality

National resource with guidance on accessing healthcare, updating ID documents, legal rights, and navigating discrimination as a trans person.

Web: transequality.org

7. Family, Faith & Spiritual Support

LGBTQ+ Spiritual Inc.

Non-denominational nonprofit welcoming LGBTQ+ individuals and allies of all faiths — Christianity, Judaism, Islam, Buddhism, Indigenous traditions, and those who are 'spiritual but not religious.' No belief required to participate. Resource networking, peer support, community events, food and clothing drives.

Phone: (949) 228-7301 | **Address:** 383 3rd St, Laguna Beach, CA 92651 | **Web:** wearelgbtqspiritual.org | **Email:** lgbtqspiritualinc@gmail.com

PFLAG Orange County

Support, education, and advocacy for LGBTQ+ people and their parents, families, and allies. Peer-to-peer support groups. Multiple OC chapters.

Phone: (714) 997-8047 | **Address:** 161 S Orange St, Orange, CA 92866 | **Web:** pflag.org

PFLAG Newport Beach / Irvine / Costa Mesa

Local PFLAG chapter serving the Newport Beach, Irvine, and Costa Mesa area. Support groups and family resources.

Phone: (954) 326-9740

PFLAG Huntington Beach

Local PFLAG chapter serving the Huntington Beach area.

Email: pflaghuntingtonbeach@gmail.com

8. Legal Aid & Advocacy

OCLBA — Orange County Lesbian, Gay, Bisexual & Transgender Bar Association

Official bar association of LGBTQ+ and allied attorneys, judges, and law students in Orange County. Provides referrals and community legal education.

Web: oclba.org

Lambda Legal

National civil rights organization committed to achieving full recognition of LGBTQ+ rights through litigation, education, and policy work. Provides legal assistance and advocacy.

Web: lambdalegal.org

Human Rights Campaign (HRC)

America's largest civil rights organization working to achieve LGBTQ+ equality. Advocacy, policy work, and community resources.

Web: hrc.org

Alianza Translatinx — Hate Crime Navigation

Navigation services for trans victims of hate crimes and violence through the Transformative (Stop the Hate) program funded by CDSS.

Web: alianzatranslatinx.org

National Center for Transgender Equality

Information on legal rights, ID document updates, healthcare access, and discrimination protections for transgender people.

Web: transequality.org

9. Housing & Social Services

Radiant Health Centers — Social Services

Comprehensive social services including case management, financial assistance, food pantry and nutritional program, housing assistance, and transportation services — primarily for people living with HIV but open to others in the LGBTQ+ community.

Phone: (949) 809-5700 | **Web:** radianthealthcenters.org

Alianza Translatinx — Housing Navigation

Housing navigation services provided through CalOptima for transgender individuals in Orange County.

Web: alianzatranslatinx.org

LGBTQ Center OC — Immigration & Housing Resources

The Center offers immigration resources and referrals to housing services as part of its broader support network.

Phone: (714) 953-5428 | **Web:** lgbtqcenteroc.org

OC Health Care Agency — Housing & Shelter Programs

County-run programs for homeless and housing-insecure individuals, including LGBTQ+-specific outreach and engagement. OC Links can connect you to these services 24/7.

Phone: (855) 625-4657 | **Web:** ochealthinfo.com

National Runaway Safeline

Confidential affirming support for youth who have run away or are considering it, including housing referrals.

Phone: (800) 786-2929 | **Web:** 1800runaway.org

10. Multicultural & BIPOC LGBTQ+ Resources

Orange County has significant Vietnamese, Latino, and other immigrant communities. These organizations center LGBTQ+ BIPOC experiences and provide culturally responsive support.

Viet Rainbow of Orange County (VROC)

Grassroots organization building community for LGBTQ+ BIPOC through education, outreach, civic engagement, and supportive services. Intergenerational approach centered on healing and liberation. Support and programs for LGBTQ+ BIPOC and loved ones.

Phone: (657) 206-5428 | **Web:** vietroc.org | **Email:** info@vietroc.org

Alianza Translatinx

First transgender-led organization in OC. Centering Latinx trans experiences with housing navigation, hate crime support, and advocacy.

Web: alianzatranslatinx.org

APAIT (Asian Pacific AIDS Intervention Team)

HIV/STI testing, risk-reduction counseling, behavioral healthcare, and housing services for multi-ethnic LGBTQIA-2S communities. Services in Spanish, Vietnamese, and English.

Web: apaitonline.org

LGBTQ Center OC — Multilingual Counseling

Mental health counseling available in English, Spanish, Vietnamese, and Farsi.

Phone: (714) 953-5428 x330 | **Web:** lgbtqcenteroc.org

11. County & Government Programs

OC Health Care Agency — LGBTQ+ Services

County behavioral health services specifically for LGBTQ+ individuals, including outpatient therapy, crisis response, TAY (Transitional Age Youth 18–25) services, substance use treatment, peer support, and wellness centers.

Phone: (855) 625-4657 (OC Links, 24/7) | **Web:** ochealthinfo.com

City of Irvine — LGBTQIA+ Liaison

The City of Irvine has a designated LGBTQIA+ liaison and a dedicated Irvine Police Department LGBTQ+ liaison officer to serve as community resources.

Phone: (949) 724-6697 (Shane Dineen, Program Coordinator) | **Web:** cityofirvine.org | **Email:** sdineen@cityofirvine.org

Irvine Unified School District — Community LGBTQIA+ Resources

IUSD maintains a community resources and support webpage for LGBTQIA+ services in Orange County, including student and family support.

Web: iusd.org

Fullerton Joint Union High School District

Inclusive LGBTQ+ health education per the California Healthy Youth Act, with additional LGBTQ+ information and family resources.

Web: fjuhsd.org

You Are Not Alone.

LGBTQ+ Spiritual Inc. is here to help you find the right support. If you don't know where to start, reach out to us and we will connect you with the resources you need — no judgment, no prerequisites, no faith requirement.

wearelgbtqspiritual.org | lgbtqspiritualinc@gmail.com | (949) 228-7301
383 3rd St, Laguna Beach, CA 92651